

Tomorrow Scares Me

(How to face and overcome your fear of the future)

(SERIES: Fear Less; Live More; 05 of 08)

by Dr. David Foster

"The LORD is my shepherd, I shall not be in want. . . . Surely goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever." (Psa 23)

We fear the future because...

Our sight is too limited.

Our priorities are too blurred.

Our God is too small.

5 Power Promises

The promise of His **place**.

"For we know that when this tent we live in now is taken down--when we die and leave these bodies--we will have wonderful new bodies in heaven, homes that will be ours forevermore, made for us by God himself and not by human hands. How weary we grow of our present bodies. That is why we look forward eagerly to the day when we shall have heavenly bodies that we shall put on like new clothes. For we shall not be merely spirits without bodies. These earthly bodies make us groan and sigh, but we wouldn't like to think of dying and having no bodies at all. We want to slip into our new bodies so that these dying bodies will, as it were, be swallowed up by everlasting life. This is what God has prepared for us, and as a guarantee he has given us his Holy Spirit. Now we look forward with confidence to our heavenly bodies, realizing that every moment we spend in these earthly bodies is time spent away from our eternal home in heaven with Jesus. We know these things are true by believing, not by seeing." (2 Cor 5:1-7)

The promise of His **prayers**.

"I tell you the truth, anyone who has faith in me will do what I have been doing. He will do even greater things than these, because I am going to the Father." (John 14:12)

"Who then will condemn us? Will Christ? No! For he is the one who died for us and came back to life again for us and is sitting at the place of highest honor next to God, pleading for us there in heaven." (Rom 8:34)

"Therefore he is able to save completely those who come to God through him, because he always lives to intercede for them." (Heb 7:25)

The promise of His **provision**.

"Will all your worries add a single moment to your life? And why worry about your clothes? Look at the field lilies! They don't worry about theirs. Yet King Solomon in all his glory was not clothed as beautifully as they. And if God cares so wonderfully for flowers that are here today and gone tomorrow, won't he more surely care for you, O men of little faith? "So don't worry at all about having enough food and clothing. Why be like the heathen? For they take pride in all these things and are deeply concerned about them. But your heavenly Father already knows perfectly well that you need them," (Mat 6:27-32)

The promise of His **peace**.

"I am leaving you with a gift--peace of mind and heart! And the peace I give isn't fragile like the peace the world gives. So don't be troubled or afraid." (John 14:27)

"If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand. His peace will keep your thoughts and your hearts quiet and at rest as you trust in Christ Jesus." (Phil 4:7)

The promise of His **plan**.

"'For I know the plans I have for you,' says the Lord. 'They are plans for good and not for evil, to give you a future and a hope.'" (Jer 29:11)