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Most Married Men Are Miserable

(5 real reasons most men are mildly unhappy with their wife)
(SERIES: They Promised Me Chocolate; 06 of 10)
by Dr. David Foster

The 3 Downgrades

The attempt to downgrade **gender differences**.

The attempt to downgrade **the necessity of marriage**.

“For this reason a man will leave his father and mother and be united to his wife, and they will become one flesh. The man and his wife were both naked, and they felt no shame.” (Gen 2:24-25 NIV)

The attempt to downgrade **sexual exclusivity**.

“Another thing you do: You flood the LORD's altar with tears. You weep and wail because he no longer pays attention to your offerings or accepts them with pleasure from your hands. You ask, ‘Why?’ It is because the LORD is acting as the witness between you and the wife of your youth, because you have broken faith with her, though she is your partner, the wife of your marriage covenant. Has not the LORD made them one? In flesh and spirit they are his. And why one? Because he was seeking godly offspring. **So guard yourself in your spirit, and do not break faith with the wife of your youth.**”
(Malachi 2:13-15 NIV)

5 Reasons Men are Miserable

They're afraid to **be who they are**.

“Then God said, ‘Let us make man in our image, in our likeness, and let them rule over the fish of the sea and the birds of the air, over the livestock, over all the earth, and over all the creatures that move along the ground.’ So God created man in his own image, in the image of God he created him; male and female he created them. God blessed them and said to them, ‘Be fruitful and increase in number; fill the earth and subdue it. Rule over the fish of the sea and the birds of the air and over every living creature that moves on the ground.’” (Genesis 1:26-28 NIV)

They don't know what **they want**.

They don't know what **a woman wants**.

“May your fountain be blessed, and may you rejoice in the wife of your youth. A loving doe, a graceful deer—may her breasts satisfy you always, **may you ever be captivated by her love**. Why be captivated, my son, by an adulteress? Why embrace the bosom of another man's wife? For a man's ways are in full view of the LORD, and he examines all his paths.” (Pro 5:18-23 NIV)

They are ashamed about their **sex drive**.

“The husband should fulfill his wife's sexual needs, and the wife should fulfill her husband's needs. The wife gives authority over her body to her husband, and the husband gives authority over his body to his wife. Do not deprive each other of sexual relations, unless you both agree to refrain from sexual intimacy for a limited time so you can give yourselves more completely to prayer. Afterward, you should come together again so that Satan won't be able to tempt you because of your lack of self-control.” (1 Corinthians 7:3-5 NLT)

They are **bored to death of being nice!**

“The angel of God appeared to him and said, ‘**God is with you, O mighty warrior!**’ Gideon replied, ‘With *me*, my master? If God is with us, why has all this happened to us? Where are all the miracle-wonders our parents and grandparents told us about, telling us, ‘Didn't God deliver us from Egypt?’ The fact is, God has nothing to do with us—he has turned us over to Midian.’ But God faced him directly: ‘Go in this strength that is yours. Save Israel from Midian. Haven't I just sent you?’”
(Jud 6, The Msg)