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What To Do When You Feel Dumb

(How To Descend Into Genuine Greatness)

(SERIES: Mastering My Emotional Monsters: 06 of 08)
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"When I consider your heavens, the work of your fingers, the moon and the stars, which you have set in place, **what is man that you are mindful of him, the son of man that you care for him?** You made him a little lower than the heavenly beings and crowned him with glory and honor. You made him ruler over the works of your hands; you put everything under his feet: all flocks and herds, and the beasts of the field, the birds of the air, and the fish of the sea, all that swim the paths of the seas. O LORD, our Lord, how majestic is your name in all the earth!" (Psa 8)

How To Feel Dumb

Make the wrong **compromises**.

"So I strive always to keep my **conscience** clear before God and man." (Acts 24:16)

Make the wrong **comparisons**.

"Each one should test his own actions. Then he can take pride in himself, without **comparing** himself to somebody else," (Gal 6:4)

Use the wrong **measurements**.

"Oh, don't worry, I wouldn't dare say that I am as wonderful as these other men who tell you how good they are! Their trouble is that they are only comparing themselves with each other and measuring themselves against their own little ideas. What stupidity!" (2 Cor 10:12)

Listen to the wrong **people**.

"His wife said to him, 'Are you still holding on to your integrity? Curse God and die!' He replied, 'You are talking like a foolish woman. Shall we accept good from God, and not trouble?'" (Job 2:9-10 NIV)

What to do after dumb

Turn to **God**.

"If you don't confess your sins, you will be a failure. But God will be merciful if you confess your sins and give them up."
(Proverbs 28:13 CEV)

Forgive **yourself**.

"Therefore, there is now no condemnation for those who are in Christ Jesus," (Romans 8:1 NIV)

"He **lifted** me out of the slimy pit, out of the mud and mire; he set my feet on a rock and gave me a firm place to stand. He put a new song in my mouth, a hymn of praise . . ." (Psa 40:2-3)

Find a **tribe**.

"From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as **each part does its work**." (Eph 4:16)

"**Be devoted to one another** in brotherly love. Honor one another above yourselves." (Rom 12:10)

Be an **inspiration**.

"Dear children, let us not love with words or tongue but with actions and in truth." (1 John 3:18)

"And let us consider how we may spur one another on toward love and good deeds." (Heb 10:24)