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DAY 7: The Day You Refuse To Quit

(Sometimes the difference between winning and losing is showing up)

(SERIES: **Everything Begins With A Dream: 07 of 08**)

by Dr. David Foster

"We are pressed on every side by troubles, but not crushed and broken. We are perplexed because we don't know why things happen as they do, but we don't give up and quit. We are hunted down, but God never abandons us. **We get knocked down, but we get up again and keep going.**" (2 Cor 4:8-9)

"Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize. Everyone who competes in the games goes into strict training. They do it to get a crown that will not last; but we do it to get a crown that will last forever. Therefore I do not run like a man running aimlessly; I do not fight like a man beating the air. No, I beat my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize." (1 Cor 9:24-27)

Your Life Will Not Be Measured By ...

The length of it, but by **the depth of it.**

"How do you know what is going to happen tomorrow? For the length of your lives is as uncertain as the morning fog--now you see it; soon it is gone. What you ought to say is, "If the Lord wants us to, we shall live and do this or that." Otherwise you will be bragging about your own plans, and such self-confidence never pleases God." (James 4:14-16)

What you get, but by **what you give away.**

"Don't store up treasures here on earth where they can erode away or may be stolen. Store them in heaven where they will never lose their value and are safe from thieves." (Mat 6:19-20)

What you quit out of weakness, but by **what you endure out of strength.**

How to Get Up in Down Times

"Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us **run with perseverance the race marked out** for us." (Heb 12:1)

Keep your eyes on the prize.

"Trust in the LORD and do good; dwell in the land and enjoy safe pasture. Delight yourself in the LORD and he will give you the desires of your heart. Commit your way to the LORD; trust in him and he will do this: (PSA 37:3)

Trust your training.

"Everyone who competes in the games goes into strict training. They do it to get a crown that will not last; but we do it to get a crown that will last forever." (1 Cor 9:25)

"For this very reason, make every effort to add to your faith goodness; and to goodness, knowledge; and to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness; and to godliness, brotherly kindness; and to brotherly kindness, love. For if you possess these qualities in increasing measure, they will keep you from being **INEFFECTIVE AND UNPRODUCTIVE** in your knowledge of our Lord Jesus Christ." (2 Pet 1:5-8)

Share the load.

"Share each other's troubles and problems, and so obey our Lord's command. If anyone thinks he is too great to stoop to this, he is fooling himself. He is really a nobody." (Gal 6:2-3)

Wait for a God-sized answer.

"Call to me and I will answer you and tell you great and unsearchable things you do not know." (Jer 33:3)